



**Health & Physical Education**  
Associate of Arts

Catalog Year: 2019-20

**Education Pathway**

AC Course Number	Required Course Titles	Credit Hours	Semesters Offered	Course Modalities
<b>FIRST YEAR</b>				
<b>First Semester</b>				
<input type="checkbox"/> ENGL 1301	Composition I	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> HIST 1301	US History I	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> MATH 13xx	Mathematics Core	3	F, Sp, Su	F2F, Int
<input type="checkbox"/> PHED 1301	Foundations of Kinesiology	3	F, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> SPCH 131X	Speech	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> STSU 0300	Student Success	0	F, Sp, Su	F2F, Int, Hyb
<b>Second Semester</b>				
<input type="checkbox"/> ENGL 1302	Composition II	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> HIST 1302	US History II	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> XXXX xxxx	Life and Physical Sciences Core	4	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> XXXX xxxx	Creative Arts Core	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> PHED 1304	Personal and Community Health	3	F, Sp, Su	F2F, Int, Hyb
<b>SECOND YEAR</b>				
<b>First Semester</b>				
<input type="checkbox"/> XXXX xxxx	Language, Philosophy & Culture Core	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> GOVT 2305	Federal Government	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> XXXX xxxx	Life & Physical Sciences Core	4	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> XXXX x3xx	Majors' Optional Courses*	3	F, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> PHED x1xx	Physical Activity Course	1	F, Sp, Su	F2F
<b>Second Semester</b>				
<input type="checkbox"/> XXXX xxxx	Social and Behavioral Sciences Core	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> GOVT 2306	Texas Government	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> XXXX xxxx	Component Area Option**	3	F, W, Sp, Su	F2F, Int, Hyb
<input type="checkbox"/> XXXX x3xx	Majors' Optional Courses*	3	F, Sp	F2F, Int, Hyb
<input type="checkbox"/> XXXX x3xx	Majors' Optional Courses*	3	F, Sp	F2F, Int, Hyb
<b>TOTAL CREDIT HOURS</b>				

\*Choose from PHED 1306, 1308, 1321, 1331, 2356, or BIOL 1322.

\*\*Choose from BIOL 14xx, 24xx; BUSI 2304; CHEM 1305, 1411, 1412; ECON 2301; ENGL 23xx; GEOL 1403; MATH 13xx, 2412, 2413; PHYS 1305, 1401, 1402, 2425, 2426; PSYC 2301, 2314; SPAN 2311; SPCH 1315, 1318, 1321; or SOCI 1301.

Semesters: Fall (F), Winter (W)Spring (Sp), Summer (Su)

Modalities: Face-to-face (F2F), Internet/online (Int), Hybrid (Hyb)



## Health & Physical Education

### Associate of Arts

### Education Pathway

#### Transfer Opportunities

Opportunities exist for students to transfer to nearby four-year universities such as Stephen F. Austin State University in Nacogdoches, TX and Sam Houston State University in Huntsville, TX where students can pursue bachelor's degrees in kinesiology as well as obtain teacher certification.

#### Career Opportunities and Salaries

Openings for certified physical education teachers and coaches (who have a Bachelor's degree and have passed a licensure exam) in Texas are available at public and private elementary, intermediate, middle, and high schools throughout the state. The minimum salary for a certified teacher with no experience at a Texas public school is \$28,080. Mid-career teachers make a minimum of \$42,310. Many school districts pay an extra stipend to coaches.

#### Marketable Skills

1. Summarize/ write clearly and concisely
2. Work well on a team
3. Follow through on plans
4. Identify appropriate information sources
5. Accept differing opinions

#### Technical Skills

Basic knowledge on the historical development of physical education, exercise science, and sport.  
Basic understanding of personal and community health issues, including the ability to practice healthy living, promote healthy lifestyles, and enhance individual well-being.

Semesters: Fall (F), Winter (W) Spring (Sp), Summer (Su)

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