

# Angelina College SARS-CoV-2 Campus Guidelines for Fall 2021

The following guidelines and protocols are established in accordance with SY 20-21, Executive Order GA-34, Executive Order GA-36, TEA School Health Operations Requirements of June 5, 2021, and CDC Guidelines as of 7-19-2021. As well as the widespread availability of vaccines to the SARS-CoV-2, the virus that leads to the disease, COVID-19.

The following guidelines are also based on collections of information, recommendations, guidelines, and protocols by the following institutions: CDC, WHO, NCAA, NJCAA, USCAH, NATA, ACCHD

***This information is subject to change as new resources and information become available.***

These Guidelines have been modified as of the interim public health recommendations made on 7-27-21; Guidance for COVID-19 Prevention in K-12 Schools on 08-05-21 by the Centers for Disease Control and Prevention in regards of the B.1.617.2 (Delta) Variant.

**For more information, or if a student becomes ill with COVID-19, contact the Office of Student Affairs:**

***Dana Smithhart: [dsmithhart@angelina.edu](mailto:dsmithhart@angelina.edu) / 936-633-3213***

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## What is SARS-COV-2?

SARS-COV-2 stands for Severe Acute Respiratory Syndrome Coronavirus 2. It is the virus that causes the disease COVID-19 (previously known as “2019 novel coronavirus”).

COVID-19 is the disease caused by SARS-COV-2

COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection.

The Center for Disease Control (CDC) believes at this time that symptoms may appear 2-14 days after exposure and/or close contact.

Symptoms may be flu-like, ranging from mild to serious, and include:

- Cough
- Fatigue
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea

Look out for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble Breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake.
- Bluish lips or face

***This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.***

### **How Does COVID-19 Spread?**

- Current evidence suggests that the virus spreads mainly between people who are in close contact with each other, typically within 6 feet by way of:
  - Infected respiratory droplets, aerosols, and liquid particles when an infected person sneezes, speaks, coughs, sings, and breathes coming in contact with another person's eyes, nose, or mouth.
  - In indoor spaces/settings, aerosols remain suspended in the air longer and/or travel farther than 6 feet, potentially increasing risk.
  - People may also become infected by touching surfaces that have been contaminated by the virus when touching their eyes, nose, or mouth without cleaning their hands.

### **Preventing the Spread of SARS-CoV-2**

Key prevention strategies include:

- COVID-19 Vaccination
  - Angelina College will be providing access to the vaccine to those who want it.
  - Being fully vaccinated will not only protect yourself, but also protects those around you who are not fully vaccinated or may be at high risk of health complications associated with COVID-19.
- Wear a mask.
  - Executive Order GA-36 has declared that no governmental agency in Texas may require a person to wear a face covering.
  - Therefore, it is encouraged individuals continue to wear a mask to prevent spread of infection even if fully vaccinated.
- Physical/Social distancing when possible
  - It is recommended that faculty, staff, and students socially distance 6 feet when on campus if possible.
- Wash your hands often with soap and water for **AT LEAST 20 SECONDS**. If soap and water are not available, use alcohol-based hand sanitizer.
- Testing for COVID-19 and Contact tracing in combination with isolation and quarantine
  - Fully vaccinated faculty, staff, and students do not need to undergo routine COVID-19 screening testing.
  - If a fully vaccinated person is exposed to someone with COVID-19 or exhibiting COVID-19 symptoms they do not need to be tested unless they themselves are experiencing COVID-19 symptoms

- Maintaining healthy environments (increased ventilation and cleaning)
- Maintaining healthy operations (communication, supportive policies, and health equity)

### Definitions:

- Isolation – keeping an individual who has become infected with the virus/COVID-19 away from others.
  - Isolation is most effective if the infected person stays isolated in a sick room and uses a separate restroom, if available.
- Quarantine – Keeping an individual who has been exposed to the virus/COVID-19 away from others while monitoring their health and symptoms – if any.
- Close Contact – An individual who has been within 6 feet of someone who has COVID-19 for a total of 15 minutes or more.
  - **OR** being directly exposed to infectious secretions.
- Exposure – An individual who has come into contact with a cause of, or possessing a characteristic that is a determinant of, a particular health problem.

## GUIDELINES

### Arrival to Campus

- Prior to arriving:
  - It is encouraged to have become vaccinated.
  - If not vaccinated, it is recommended to quarantine/stay-at-home for 10 days.
- Upon Arriving:
  - Take steps to maximize mitigation and spread reduction wherever and whenever possible (see prevention strategies listed above)
  - If not vaccinated for COVID-19, become vaccinated if able.

### Isolation and Quarantine

Some students, faculty, and staff might develop COVID-19 or symptoms of COVID-19 while on campus or may be exposed to someone who has COVID-19

- If an individual develops symptoms of COVID-19 while on campus, it is recommended the individual gets tested for COVID-19.
  - For an individual with COVID-19, they will be required to Isolate for 10 days after symptom onset and after the resolution of fever for minimum 24 hours without using fever reducing drugs while monitoring their symptoms.
  - If an individual never develops symptoms, isolation and other precautions can be ended after 10 days after their first positive RT-PCR test result for SARS-CoV-2
  - For individuals who come into close contact to an individual with COVID-19, they will be required to Quarantine. The quarantine may end when the following criteria have been met:
    - At least 14 days have passed since symptom onset.
    - At least 24 hours have passed since resolution of fever without the use of fever reducing medications.
    - Other symptoms have improved.

- Individuals who are fully vaccinated with no COVID-like symptoms do not need to quarantine or be restricted from work following close contact to someone with suspected or confirmed COVID-19.
- Individuals who are fully vaccinated and test positive for COVID-19 will still need to isolate for 10 days.

Individuals who are in close contact in a classroom/work setting to a Positive COVID-19 case may remain in the classroom/work setting IF ALL individuals were consistently wearing masks.

If the Positive COVID-19 individual was NOT wearing a mask, then other factors are considered. I.e... coughing, length of contact, environment (indoors/outdoors/vehicle/etc.) and the guidance is given based on those factors and may deem necessary to exclude those in the classroom/work setting for the required quarantine period. (ACCHD 08-05-21)

### **International Students**

- Students arriving in the US from a foreign country by air will need to get tested no more than 3 days before you travel by air into the United States (US) and show your negative result to the airline before you board your flight,

OR

- Be prepared to show documentation of recovery (proof of a recent positive viral test and a letter from your healthcare provider or a public health official stating that you were cleared to travel).
  - This is required even if fully vaccinated.

### **IF A STUDENT BECOMES ILL OR DEVELOPS COVID-19**

- Contact the Office of Student Affairs.  
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April Wallace: [awallace@angelina.edu](mailto:awallace@angelina.edu) / 936-633-4509
- Notify their instructors/professors to ensure as little material/content is missed as possible for classes.
- Note the date so as to properly track the duration of quarantine/isolation.
- Monitor symptoms and look out for emergency signs/symptoms of COVID-19.

### **FACILITIES**

#### **Class/Classroom Activities**

- GA-36 states Texas school systems cannot require students or staff to wear masks.
- Individuals are allowed to wear masks if they so choose to.

#### **Library/Tutoring**

- Angelina College is currently accepting computer and study room reservations by appointment ONLY. There are four computer reservation locations to choose from.
- Visit the Angelina College library to reserve a computer: <https://www.angelina.edu/ac-library/>
- Students may also reserve a computer by calling, or as a walk-in patron.
- Free Tutoring will be available. Students must send an email to: [tutoring@angelina.edu](mailto:tutoring@angelina.edu).

## **Cafeteria**

- Currently, there is little evidence to suggest that COVID-19 is spread by handling or eating food. However, consuming refreshments, snacks, and meals with persons not from the same household may increase the risk of getting and spreading COVID-19 among people who are not fully vaccinated because masks are removed when eating or drinking.
- Promote prevention measures.
  - Wash hands before and after eating.
  - Avoid crowding.
    - In indoor dining areas, people who are not fully vaccinated should wear a mask when not actively eating or drinking and physically distance.
  - Consider to-go options and/or outdoor dining.

## **Weight Room**

- Access to the facility will be given by athletics/PHED personnel.
- ALL students will adhere to weight room rules.
- Every piece of equipment used must be cleaned re-racked when finished with use.
- Wash hands before and after use of facility.
- Door MUST remain opened if in use; it will remain closed and locked when not in use.

## **Locker Rooms**

- Access to these facilities will be given by the appropriate member of the athletics/PHED department.
- Individuals who are fully vaccinated not required to wear a mask while in the locker rooms.
  - Individuals who are not vaccinated are encouraged to wear a mask.
- Individuals who are fully vaccinated are not required to social/physical distance while in the locker rooms.
  - Individuals who are not vaccinated are encouraged to social distance, if able.
- Routine hygiene and sanitation are encouraged to prevent spread of possible infection (COVID-19, MRSA, Tinea Corporis, Staphylococcus, etc.)

## **Laundry Room**

- Due to the risk of COVID-19 potentially spreading by way of contact with surfaces it is recommended that gloves and masks be worn when washing, clothes, uniforms, towels, and practice gear not your own.