

Angelina College COVID-19 Employee Guidelines for Fall 2021

This information is subject to change as new resources and information become available.

***** immediately report any COVID-19 illness, symptoms, or exposure to your supervisor AND human resources *****

At Angelina College, we take pride in looking out for one another. Our most recent challenge is protecting ourselves and our community from COVID-19. To assist in this goal, we can take several simple steps to ensure this year is safe, productive, and free of speed bumps.

- **Get vaccinated for SARS-CoV-2.**
 - The COVID-19 Vaccine is the most effective method of protecting you and those around you.
- **Wear a face mask when indoors**
 - People at high risk or who have weakened immune systems may NOT be protected even if they're fully vaccinated. However, a face mask can help to protect them.
- **Social Distancing**
 - Maintaining a distance of six feet can protect yourself and others from the potential spread, which is very important for those at high risk of getting sick.
- **Wash your hands often for 20 seconds at a time**
 - It's especially important to wash before eating, touching your face, using the restroom, leaving public places
 - Hand sanitizer will work if you're unable to wash your hands
- **Monitor your health daily!**
 - Be alert for symptoms. Watch for fever, cough, shortness of breath, and other COVID-19 Symptoms.
- **When Sick, Stay home.**
 - Except to get medical care!
 - Stay hydrated and get plenty of rest. Use over-the-counter meds to help with symptoms.
 - Separate yourself from others to protect them from potentially getting sick.
 - Stay in touch with your doctor.

I think or know I had COVID-19, and I had symptoms. What do I do?

***** report your COVID-19 status to your supervisor and Human Resources ext. 4511 or hr@angelina.edu *****

You can be around others after:

- 10 days since symptoms first appeared and
- 24 hours with no fever without the use of fever-reducing medications and
- Other symptoms of COVID-19 are improving*

*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation

Note that these recommendations do not apply to people with severe COVID-19 or with weakened immune systems (immunocompromised).

VIDEO link: <https://www.youtube.com/watch?v=HNgDirLLZm8>

I tested positive for COVID-19 but had no symptoms. What do I do?

*** *report your COVID-19 status to your supervisor and Human Resources ext. 4511 or hr@angelina.edu* ***

If you continue to have no symptoms, you can be with others after 10 days have passed since you had a positive viral test for COVID-19.

If you develop symptoms after testing positive, follow the guidance above for “I think or know I had COVID-19, and I had symptoms.”

VIDEO link: <https://www.youtube.com/watch?v=tpsOw7kkJSY>

I was severely ill with COVID-19 or have a weakened immune system caused by a health condition or medication. What do I do?

People who are severely ill with COVID-19 might need to stay home longer than 10 days and up to 20 days after symptoms first appeared. [People with weakened immune systems](#) may require testing to determine when they can be around others. Talk to your healthcare provider for more information. Your healthcare provider will let you know if you can resume being around other people based on the results of your testing.

What do I do if I have been exposed to someone who tested positive for COVID-19?

*** *report your exposure to COVID-19 to your supervisor and Human Resources ext. 4511 or hr@angelina.edu* ***

From Sharon Shaw with the Angelina County & Cities Health District:

In discussion with the ACCHD COVID Leadership Team, we agree that Angelina College Staff/Management Personnel are deemed “essential” at this time.

1. ALL individuals **exposed** to a COVID-19 positive person can:
 - a. Remain on campus and continue their regular duties while FULLY MASKED at all times when in the presence of others.
(Preferably an N-95 or two surgical masks to avoid infecting others)

- If an individual becomes symptomatic, they are to leave campus and seek testing, or remain off campus for at least 10 days after symptom onset, and at least one day symptom free without medication.

OR

- b. if they choose not to wear a Mask, they should remain in quarantine for the recommended 14-day period.
2. Any individual who **tests positive** can return 10 days after symptom onset (or positive test date for asymptomatic) and at least one day symptom free without medication.

I also recommend that ALL individuals are encouraged to wear Masks during meetings during this pre-school period to avoid more infections.

EVERYONE should be encouraged to wear a Mask on campus, in the classroom etc. going forward - until we break this Delta Variant infection cycle in our area.

Our hospital COVID units are FULL and the case numbers are rising quickly by the day. Yesterday Angelina County had 143 positives in one day! That is reminiscent of last winter during the very very bad days of COVID spread.

Sharon Shaw
ACCHD

What do I do if a student informs me that they have COVID-19 or have been exposed to someone who has COVID-19?

Get the student's contact information and notify them that they shouldn't come to campus until they receive additional information.

***** report their COVID-19 status to April Wallace 936-633-4509 or Dana Smithhart 936-633-3213 *****

What's the difference between quarantine or isolation?

You **quarantine** when you might have been exposed to the virus.

You **isolate** when you have been infected with the virus, even if you don't have symptoms.

VIDEO link: https://www.youtube.com/watch?v=l3s75_X8Xjs

Symptoms

The Center for Disease Control (CDC) believes at this time that symptoms may appear 2-14 days after exposure and/or close contact.

Symptoms may be flu-like, ranging from mild to serious, and include:

- Cough
- Fatigue
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea

Look out for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble Breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning to you.

If you are unable to work from home, employees must use sick/vacation leave for any days they are required to quarantine. Maintain communication with your supervisor

Helpful links

<https://www.dshs.texas.gov/coronavirus/>

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

The preceding guidelines and protocols are established in accordance with SY 20-21, Executive Order GA34, Executive Order GA-36, TEA School Health Operations Requirements of June 5, 2021, and CDC Guidelines as of 7-19-2021. As well as the widespread availability of vaccines to the SARS-CoV-2, the virus that leads to the disease, COVID-19.

These Guidelines have been modified as of the interim public health recommendations made on 7-27- 21; Guidance for COVID-19 Prevention in K-12 Schools on 08-05-21 by the Centers for Disease Control and Prevention in regards of the B.1.617.2 (Delta) Variant.