

ATHLETIC / ACTIVITY EMERGENCY ANNEX



March 2023

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Preface

Emergencies may arise anytime during athletic or physical activity events. Expedient action will facilitate the best possible care for the participant in an emergency and/ or in a life-threatening condition. The development and implementation of this annex will help to ensure the best care is provided during an emergency.

Emergencies could occur at any time during an athletic activity and the Sports Medicine Department and Athletic Staff must be prepared. Athletic organizations should develop an emergency action plan that can be implemented quickly. This ensures appropriate standards of emergency care to all participants of athletic activities. The Sports Medicine Team must be prepared to implement an emergency action plan to include proper staffing of events, maintenance of medical equipment and supplies, utilization of medical personnel, and continuing education for emergency medicine and planning. Accidents and injuries are inherent to participation in athletic activities, and proper preparation on the part of the Sports Medicine Team should enable emergencies to be managed appropriately.

Emergency Personnel

During athletic practices or competitions, the first responder to an emergency is usually a member of the sports medicine staff such as a certified athletic trainer, athletic training graduate student, or student athletic trainer. The team physician will not always be present at every practice or competition. The type and degree of sports medicine coverage for an athletic event varies based on factors such as the activity setting and the type of training or competition. The first responder in these situations may be coach or other college personnel.

First Responder Roles

The development of an emergency action plan cannot be complete without the formation of an emergency team. The emergency team may consist of a number of healthcare providers including physicians, emergency medical technicians, certified athletic trainers, graduate student athletic trainers, student athletic trainer, coaches, managers, and possibly bystanders. Roles of these individuals within the emergency team may vary depending on various factors such as the number of members of the team, the athletic venue itself, or the preference of the Head Athletic Trainer.

There are four basic roles within the emergency medical team:

1. The first and most important role is life safety at the scene and immediate care of the injured. Acute care (immediate) should be provided by the most qualified individual at the scene. Individuals with lower credentials should yield authority to those with more training or medical experience.
2. Emergency Medical Service (EMS) activation could be necessary in situations where emergency is not present at the athletic/activity event. Activation is required when deemed an emergency or a life-threatening incident. Time is the most critical factor under emergency conditions. Activating the EMS system may be done by anyone on the team. However, the person selected for this duty should be someone who is calm under duress and who communicates well over the telephone. This person should also be familiar with the location and address of the event.
3. Medical equipment retrieval can be done by anyone on the emergency team who is familiar with the types and locations of the specific equipment needed. Graduate student athletic trainers, student athletic trainers, managers, and coaches are good choices for this role.
4. Directing EMS to the scene is the fourth role. One member of the team should be responsible for meeting emergency medical personnel as they arrive at the site of the incident. Depending on the ease of access, this person should have keys to any locked gates or doors that may slow the arrival of the medical personnel. A student athletic trainer, manager, or coach may be appropriate for this role.

Activating EMS Services

Making Calls:

- Call 911
- Notify Campus Police at (936) 676-2563

Providing Information:

- Name, address, telephone number of caller
- Nature of emergency, whether medical or non-medical
- Number of athletes injured
- Condition of athletes (breathing, not breathing, pulse, no pulse, bleeding, conscious, unconscious)
- First Aid treatment initiated by first responder (blood control, rescue breathing, CPR, etc.)
- Specific directions as needed to location of injured athlete (see individual athletic/activity EAP)
- Other information requested by dispatcher

Emergency Communication

Communication is key to a rapid emergency response. Athletic trainers and emergency medical personnel must work together to provide the best emergency response capability and should have contact information such as telephone tree established as part of pre-planning for emergency situations. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transportation is not available on site during a particular athletic/activity event, then direct communication with the emergency medical system at the time of the injury or illness is necessary. **Access to a telephone or other telecommunication device must be assured.** The communications systems should be checked prior to each practice or competition to ensure proper working order. A form of back-up communication should be accessible should there be a failure of the primary system. The most common method of communication is by telephone; a cellular telephone is preferred. At any athletic venue, whether home or away, it is important to know the location of a workable telephone. Access to a phone should be prearranged if one is not readily accessible.

Emergency Equipment

All necessary emergency equipment should be located on site and always readily accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good operating condition and personnel must be trained in its proper use. Emergency equipment should be appropriate for the training level of the emergency medical providers.

Emergency Medical Transportation

Emergency Medical Personnel and ambulances are not likely to be present at Angelina College athletic practices or activities. Ambulances may be on site for special events such as tournaments. In the event that there is an ambulance on site, there should be a designated location for rapid access and a clear route for entering and exiting the venue. In an emergency, transport the injured person by ambulance so that necessary staff and equipment to deliver proper medical attention is available while in transport. Emergency care providers should refrain from transporting injured persons in personal vehicles. Ensure that the activity areas are not left unsupervised if the emergency care provider has to leave the venue.

If there is impairment in level of consciousness (LOC), respiratory complications, circulatory problems (ABC), or there is neurovascular compromise, these issues should be considered a "load and go" situation. In order to provide the best care for Angelina College student athletes, transport them to CHI St. Luke's Health-Memorial Hospital.

Non-Medical Emergencies

For non-medical emergencies such as fires, bomb threats, severe weather and violent or criminal behavior, refer to the Emergency Action Plans for the particular sport/activity and follow the instructions. Additionally, refer to the Angelina College Emergency Operations Plan (EOP).

Venue Directions with Map

For events at Angelina College Facilities, the following directions will be used:

For ease of access to the Activity Center where Men's and Women's basketball games/practices are held, approach campus from the north entrance using Daniel McCall drive. Doors on the North and East sides of the facility will be opened for access.

For Access to the Men's and Women's Soccer field as well as the Baseball/Softball Fields use FM 819/College Drive.



EMERGENCY ACTION PLAN

MEN'S AND WOMEN'S SOCCER FIELD

EMERGENCY PERSONNEL:

Athletic Trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer. Coaches and Managers can fill first responder roles as needed.

EMERGENCY COMMUNICATION:

Cell phones provided by the athletic trainers or coaches will be used for emergency communications.

EMERGENCY EQUIPMENT:

First aid supplies include athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces. The crutches, braces, and immobilizers are in the athletic training room located in the Auxiliary Gym. The automatic defibrillator is located on the soccer field during all practices and games.

ROLES OF FIRST RESPONDERS:

1. The Head/Assistant Athletic Trainer in charge will assess the situation or will be informed of the situation and evaluate the injury.
2. Head/Assistant athletic trainer or graduate student athletic trainer will take charge of the scene.
3. **Student #1** designated to activate EMS using a telephone, either fixed or mobile. **Call 911 and give the following information:**
 - a. Identify yourself.
 - b. Give your location and the location of the emergency.
 - c. Inform them of the type of emergency.
 - d. Answer all questions in a clear, calm manner. Obtain information from the scene as needed.
 - e. Obtain the name of the person with whom you are speaking.
 - f. Provide them with the number from which you are calling.
 - g. Give specific directions to the soccer field. (Access to the field from College Dr. behind the Angelina College Softball Field.) Do not hang up until they hang up. Keep the phone line clear.
 - h. Do not leave the phone or radio unattended.
4. **Student #2** will **call Campus Police: 936-676-2563** and then obtain necessary equipment and assist with the scene as needed.
5. **Student #3** will **meet the ambulance**, "flag them down" and guide them to the scene; unlock any gates or doors necessary. Student #3 will help to keep bystanders away and scene controlled.

STANDARD RESPONSE PROTOCOL:

In a "**Lockdown**" due to on-campus to criminal activity, move all individuals inside the Softball Fieldhouse to a room designated as a safe room "**Locks, Lights, Out of Sight**". Stay put until the police or upper administration unlocks the door and gives the "**all clear**" command.

In a "**Secure**" due to vicinity criminal activity, everyone is to report to the Angelina College Softball Fieldhouse until the "**all clear**" signal is given.

In a "**Shelter**" event due to lightning, severe thunderstorm, tornado warnings or a hazmat incident, move all individuals inside the Softball Fieldhouse to a room designated as a safe room until the "**all clear**" is given.

EMERGENCY NUMBER: 911

COLLEGE POLICE: (936) 676-2563

SPORTS MEDICINE STAFF:

Howard Krohn, Head Athletic Trainer:

(602) 460-8541
hkrohn@angelina.edu

Athletic Training Room:

(936) 671-7343

EMERGENCY ACTION PLAN BASEBALL AND SOFTBALL FIELDS

EMERGENCY PERSONNEL:

Athletic Trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer. Coaches and Managers can fill first responder roles as needed.

EMERGENCY COMMUNICATION:

Cell phones provided by the athletic trainers or coaches will be used for emergency communications

EMERGENCY EQUIPMENT:

First aid supplies include athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces. The crutches, braces, and immobilizers are in the training room located in the Auxiliary Gym. The automatic defibrillator is located in the home dugout during home games. During off-season practices/ completions, the AED will be located in the athletic Training Room in the Activity Center.

ROLES OF FIRST RESPONDERS:

1. The Head/Assistant Athletic Trainer in charge will assess the situation or will be informed of the situation and evaluate the injury.
2. Head/Assistant athletic trainer or graduate assistant athletic trainer will take charge of the scene.
3. **Student #1** designated to activate EMS using a telephone, either fixed or mobile. **Call 911 and give the following information:**
 - a. Identify yourself.
 - b. Give your location and the location of the emergency.
 - c. Inform them of the type of emergency.
 - d. Answer all questions in a clear, calm manner. Obtain information from the scene as needed.
 - e. Obtain the name of the person with whom you are speaking
 - f. Provide them with the number from which you are calling.
 - g. Give directions to the Baseball/Softball fields. (West side of campus. Access the field from College Dr.) Do not hang up until they hang up. Keep the phone line clear.
 - h. Do not leave the phone or radio unattended.
4. **Student #2** will **call Campus Police: 936-676-2563** and then obtain necessary equipment and assist with the scene as needed.
5. **Student #3** will **meet the ambulance**, "flag them down" and guide them to the scene; unlock any gates or doors necessary. Student #3 will help control the scene and keep bystanders and spectators away.

STANDARD RESPONSE PROTOCOL:

In a "**Lockdown**" due to on-campus criminal activity, move all individuals inside the Fieldhouse to a room designated as a safe room "**Locks, Lights, Out of Sight**". Stay put until the police or upper administration unlocks the door and gives the "**all clear**" command.

In a "**Secure**" due to vicinity criminal activity, everyone is to report to the Fieldhouse until the "**all clear**" signal is given.

In a "**Shelter**" event due to lightning, severe thunderstorm, tornado warnings or a hazmat incident, move all individuals inside the Fieldhouse to a room designated as a safe room until the "**all clear**" signal is given.

EMERGENCY NUMBER: 911

COLLEGE POLICE: (936) 676-2563

SPORTS MEDICINE STAFF:

Howard Krohn, Head Athletic Trainer:

(602) 460-8541
hkrohn@angelina.edu

Athletic Training Room:

(936) 671-7343

EMERGENCY ACTION PLAN

MEN'S AND WOMEN'S BASKETBALL (ACTIVITY CENTER)

EMERGENCY PERSONNEL:

Athletic Trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer. Coaches and Managers can fill first responder roles as needed.

EMERGENCY COMMUNICATION:

Cell phones provided by the athletic trainers or coaches will be used for emergency communications.

EMERGENCY EQUIPMENT:

First aid supplies include athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces. The crutches, braces, and immobilizers are in the athletic training room located in the auxiliary Gym. The automatic defibrillator is located in athletic training room during practices. Will be on the home side of the court during games and competitions.

ROLES OF FIRST RESPONDERS:

1. The head/Assistant Athletic Trainer in charge will assess the situation or will be informed of the situation and evaluate the injury.
2. Head/Assistant athletic trainer or graduate assistant athletic trainer will take charge of the scene.
3. **Student #1** designated to activate EMS using a telephone, either fixed or mobile. **Call 911 and give the following information:**
 - a. Identify yourself
 - b. Give your location and the location of the emergency.
 - c. Inform them of the type of emergency.
 - d. Answer all questions in a clear, calm manner. Obtain information from the scene as needed.
 - e. Obtain the name of the person with whom you are speaking.
 - f. Provide them with the number from which you are calling.
 - g. Give specific directions to the Activity Center. (West side of campus. Access to the gym from College Dr.) Do not hang up until they hang up. Keep the phone line clear.
 - h. Do not leave the phone or radio unattended.
4. **Student #2** will **call Campus Police: 936-676-2563** and then obtain equipment and assist with the scene as needed.
5. **Student #3** will **meet the ambulance**, "flag them down" and guide them to the scene; unlock any gates or doors necessary. Student #3 will help to keep bystanders away and scene controlled.

STANDARD RESPONSE PROTOCOL:

In a "**Lockdown**" due to on-campus criminal activity, move all individuals inside the Activity Center to a room designated as a safe room "**Locks, Lights, Out of Sight**". Stay put until the police or upper administration unlocks the door and gives the "**all clear**" command.

In a "**Secure**" due to vicinity criminal activity, everyone is to report to the Angelina College Activity Center until the "**all clear**" signal is given.

In an "**Evacuation**" due to fire or bomb threat, have athletes exit to the exterior of the Activity Center and evacuate to the soccer practice field. Have all spectators exit to the parking lot until the scene is safe. The Head Coach or Designee is responsible for student athlete accountability. Stay at the evacuation area until the "**all clear**" signal is given.

In a "**Shelter**" event due to lightning, severe thunderstorm, tornado warnings or a hazmat incident, move all individuals inside the activity Center to a room designated as a safe room until the "**all clear**" is given.

EMERGENCY NUMBER: 911

COLLEGE POLICE: (936) 676-2563

SPORTS MEDICINE STAFF:

Howard Krohn, Head Athletic Trainer:

(602) 460-8541
hkrohn@angelina.edu

Athletic Training Room:

(936) 671-7343

EMERGENCY ACTION PLAN

PHED ACTIVITY & LECTURE CLASSES

EMERGENCY PERSONNEL:

An Instructor of Record is on-site for all classes. Students can fill first responder roles as needed.

EMERGENCY COMMUNICATION:

Instructor owned cell phones will be used for emergency communications.

EMERGENCY EQUIPMENT:

First aid supplies include athletic trainer's kit, biohazard bags, vacuum splints, crutches, immobilizers, and braces. The crutches, braces, and immobilizers are in the athletic training room located in the Auxiliary Gym. The automatic defibrillator is located in room 113 and on the south wall of the Activity Center.

ROLES OF FIRST RESPONDERS:

1. The Instructor of Record will assess the situation or will be informed of the situation and evaluate the injury.
2. The Instructor of Record will take charge of the scene.
3. **Student #1** designated to activate EMS using a telephone, either fixed or mobile. **Call 911 and give the following information:**
 - a. Identify yourself.
 - b. Give your location and the location of the emergency.
 - c. Inform them of the type of emergency.
 - d. Answer all questions in a clear, calm manner. Obtain information from the scene as needed.
 - e. Obtain the name of the person with whom you are speaking
 - f. Provide them with the number from which you are calling.
 - g. Give specific directions to the Activity Center. (3750 Daniel McCall Drive) Do not hang up until they hang up. Keep the phone line clear.
 - h. Do not leave the phone or radio unattended.
4. **Student #2** will **call Campus Police: 936-676-2563** and then obtain equipment and assist the scene as needed.
5. **Student #3** will **meet the ambulance**, "flag them down" and guide them to the scene; unlock any gates or doors necessary. Student #3 will help to keep bystanders away and scene controlled.

STANDARD RESPONSE PROTOCOL:

In a "**Lockdown**" due to on-campus criminal activity, move all individuals inside the Activity Center to a room designated as a safe room "**Locks, Lights, Out of Sight**". Stay put until the police or upper administration unlocks the door and gives the "**all clear**" command.

In a "**Secure**" due to vicinity criminal activity, everyone is to report to the Angelina College Activity Center until the "**all clear**" signal is given.

In an "**Evacuation**" due to fire or bomb threat, have students exit to the exterior of the Activity Center and evacuate to the soccer practice field. The instructor is responsible for student accountability. Stay at the evacuation area until the "**all clear**" signal is given.

In a "**Shelter**" event of lightning, severe thunderstorm, tornado warnings or a hazmat incident, move all individuals inside the activity Center to a room designated as a safe room until the "**all clear**" signal is given.

EMERGENCY NUMBER: 911

COLLEGE POLICE: (936) 676-2563

Howard Krohn, Head Athletic Trainer: (602) 460-8541
hkrohn@angelina.edu

Athletic Training Room: (936) 671-7343