



Transfer Degree Map: Angelina Associates of Science in Health Sciences to Sam Houston State University Bachelor of Science in Human Performance and Wellness Management



4 – Year Suggested Academic Plan for Transfer

First Year - Freshman							
Fall Semester				Spring Semester			
Angelina	SHSU	Course Name	Hrs	Angelina	SHSU	Course Name	Hrs
BIOL 2401	BIOL 2403	Anatomy & Physiology I [SHSU Comp Area III: Life and Physical Science] DSR	4	BIOL 2402	BIOL 2404	Anatomy & Physiology II [SHSU Comp Area III: Life and Physical Science] DSR	4
ENGL 1301	ENGL 1301	Composition I [SHSU Comp Area I: Communications]	3	CHEM 1305 and CHEM 1105	CHEM 1406	General Chemistry I (Lecture and Lab) [SHSU Comp Area III: Life and Physical Science] DSR	4
PHED 1338	KINE 1331	Concepts of Physical Fitness DSR	3	ENGL 1302	ENGL 1302	Composition II [SHSU Comp Area I: Communications]	3
PHED 1164	KINE 2115	Intro to Physical Fitness and Wellness [SHSU Comp Area IX: Component Area Option] DSR	1	HIST 1301	HIST 1301	US History I [SHSU Comp Area VI: U.S. History]	3
PHED 1108	KINE 2114	Weight Training & Conditioning	1	MATH 1342	MATH 1342	Elementary Statistical Methods DSR	3
MATH 1314	MATH 1314	College Algebra [SHSU Comp Area II: Mathematics] DSR	3				
Total			15	Total			17
Second Year - Sophomore							
Fall Semester				Spring Semester			
Angelina	SHSU	Course Name	Hrs	Angelina	SHSU	Course Name	Hrs
BIOL 1322	FACS 2362	Nutrition & Diet Therapy DSR	3	ENGL 2332 ¹ or ENGL 2333 ¹	Comp Area IV	World Literature I or World Literature II [SHSU Comp Area IV: Language, Philosophy, and Culture]	3
HIST 1302	HIST 1302	US History II [SHSU Comp Area VI: U.S. History]	3	ARTS 1301 ¹ or MUSI 1306 ¹	Comp Area V	Art Appreciation or Music Appreciation [SHSU Comp Area V: Creative Arts]	3
PHYS 1305	PHYS 1305	Elementary Physics (Lecture) DSR	3	SPCH 1315	COMS 1361	Public Speaking [SHSU Comp Area IX: Component Area Option] DSR	3
PHYS 1105	PHYS 1105	Elementary Physics Lab	1	GOVT 2306	POLS 2306	Texas Government [SHSU Comp Area VII: Political Science/Government]	3
GOVT 2305	POLS 2305	Federal Government [SHSU Comp Area VII: Political Science/Government]	3	PSYC 2301	PSYC 1301	General Psychology [SHSU Comp Area VIII: Social and Behavioral Sciences] DSR	3
Total			13	Total			15

(1) Angelina prefers

This Transfer Degree Map provides 60 college-level hours, of which 60 will transfer and apply towards the Sam Houston State University baccalaureate degree in Human Performance and Wellness Management.

Note: DSR stands for degree specific requirement at Sam Houston State University